



**REPORT OF THE ACTIVITY
(ACADEMIC YEAR-2019-2020)**

Name of Activity organized	Physical Education Game & Sport Department And NSS, UBA
Title of activity	“Programme on Fit India” & “Oath for Fit India Movement”
Date of activity organized	04.03.2020
Name of the Coordinator of activity	Dr. Rajendra N. Chavhan and Dr. D. V. Thakre
Place of Activity organized	College Ground & Auditorium
No. of students participated	200
No. of faculty participated	2
Name of sponsoring agency/collaborator	-
Name of sponsorship/collaboration (Total Grants received in Rs. If any)	-
Objective of the Activity	The Oath for Fit India programme aims to encourage people to take up fitness activities such as running and sports in their daily lives and get freedom from obesity, laziness, stress, anxiety, diseases, etc.
Brief Description	Fit India Programme Organize on 04 March 2020 Mahatma Gandhi College Armori Principal Dr. L.H.Khalsa under the guidance of various programmes were conducted under the Fit India Programme. Yogasana, Self Defense, Volleyball, Cricket, 100mtr. Running, Dodge ball Child and Nutrition as well as the students underwent a medical examination. Fitness has always been an integral part of our culture. But there is indifference towards fitness issues now. A few decades back, a normal person would walk 8-10km in a day, do cycling or run, Dr. R. N. Chavhan said at the event. All faculty, staff and students were present during this occasion. We must encourage and inspire people to be fit. It's not only government's responsibility to embrace fitness. We must focus on our fitness, he added in last. ‘Oath for Fit India Movement’ was held at College Ground and College Auditorium from 8:00 AM to 11:40 AM. On dated 04.03.2020
Outcomes/impact of the Activity	At the end of auspicious events, Dr. D. V. Thakre, Director of the Physical education delivered thanks to all staffs and everybody took ‘Oath for Fit India Movement’ to include physical activity and sports in one’s daily routine like other necessary activities and also inspire and motivate others to include in their daily life. Particularly girls’ students showed their interest and enthusiastically took part in programme. It’s a biggest outcomes of the activity.


Dr. D.V. Thakre




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M. Prabhakar



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FROM THE VIDARBHA COLLEGES

Mahatma Gandhi College, Armori



Students being trained in Fit India programme.

MAHATMA Gandhi Arts, Science College and Late N P Commerce College, Armori, conducted various events under Fit India programme under the guidance of Dr Lalsing Khalsa, Principal of the College. Experts guided students on the importance of practicing yoga. Students were trained on yoga and self-defense. Games such as volley, cricket and running race. A medical check-up was also conducted for students. They were guided on the benefits of taking nutritious food. Dr Rajendra Ghonmode, Vice-Principal, Dr Chandrakant Dorlikar, Vice-Principal, Dr Dnyaneshwar Thakare, Head of Department of Sports, Prof Priyadarshan Ganwir, Prof Nomesh Meshram and Prof Gajanan, all members of Sports Committee strove hard for the programme.



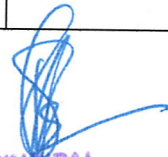
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Participant's list

Sr.No.	Class	NSS Volunteer & Sports Students	Sr.No.	Class	NSS Volunteer & Sports Students
1	B.Com. II	Kajal Banduji Meshram	41	B.Sc. III	Suraj Prabhakar Chaudhari
2	B.Com. II	Vaishnavi Premnath Bagmare	42	B.Sc. III	Amit Bhaurao Donadkar
3	B.Com. II	Kalyani Rajendra Bhurre	43	B.Sc. III	Shubham Sadanand Nakhate
4	B.Com. II	Vivek Subhash Borkar	44	B.Sc. III	Gaurav Ashok Raishidam
5	B.Com. II	Mamta Maroti Sahare	45	B.Sc. III	Girish Digambar Bhajankar
6	B.Com. II	Shubham Narayan Patre	46	B.Sc. III	Jivil Laxman Mendhe
7	B.Com. II	Ujwal Manik Chaudhari	47	B.Sc. III	Gunjan Mukteshwar Komalwar
8	B.Com. II	Masum Krishna Shende	48	B.Sc. III	Gouri Bhagwan Pendum
9	B.Com. II	Hitesh Dnyaneshwar Hargule	49	B.Sc. III	Shiwani Prabhkar Kolhekar
10	B.Com. II	Vrushabh Dhananjay Kirnapure	50	B.Sc. III	Damini Daulat Bante
11	B.Com. II	Payal Ambadas Karande	51	B.Sc. III	Nandini Vinod Gedam
12	B.Com. II	Praful Ganpat Kolhe	52	B.Sc. III	Nikita Purushottam Gedam
13	B.Com. II	Sarang Vinayak Kukudkar	53	B.Sc. III	Vinod Devidas Surjagade
14	B.Com. II	Shrikant Gopal Rane	54	B.Sc. III	Suchita Prabhkar Selokar
15	B.Com. II	Minal Prabhakar Kamble	55	B.Sc. III	Bhagyashri Shivram Barsagade
16	B.Com. II	Rupali Rajeshwar Pakade	56	B.Sc. III	Bharti Haridas Chopkar
17	B.Com. II	Vaishali Vilas Pradhan	57	B.Sc. III	Bhagyashri Nemichand Lanjewar
18	B.Com. II	Ashish Bhashkar Chandel	58	B.Sc. III	Ganesh Shamsundar Awari
19	B.Com. II	Tushar Purushottam Warabhe	59	B.Sc. III	Vishal Ganesh Jawanjalkar
20	B.Com. II	Vivek Banduji Satpute	60	B.Sc. III	Sonali Binduram Kolhe
21	B.Com. II	Pratibha Khushal Shende	61	B.Sc. III	Damini Bhupendra Naktode
22	B.Com. II	Pranali Arun Mate	62	B.Sc. III	Mohini Shamrav Lingayat
23	B.Com. II	Roshan Narendra Sontakke	63	B.Sc. III	Megha Nanaji Thakare
24	B.Com. II	Ashik Nilkanth Sawsakade	64	B.Sc. III	Naina Prakash Zarkar
25	B.Com. II	Parag Vasant Selokar	65	B.Sc. III	Ruchita Hiralal Dhore
26	B.Com. II	Sandhya Kiran Thakare	66	B.Sc. III	Vaishnavi Jivan Ghuguskar
27	B.Com. II	Sadhana Waman Ninawe	67	B.Sc. III	Ankit Amardeep Meshram
28	B.Com. II	Ruchika Raju Sorte	68	B.Sc. III	Nitin Shivram Amborkar
29	B.Com. II	Kuldip Durgadas Wagh	69	B.Sc. III	Abhijit Anil Dikondwar
30	B.Com. II	Vaibhav	70	B.Sc. III	Chagan Bhashkar Bodne
31	B.Com. II	Shubham Deorao Borkar	71	B.Sc. III	Gaurav Wasudeo Lute
32	B.Sc. III	Shital Ramesh Mundalkar	72	B.Sc. III	Prashik Santosh Meshram
33	B.Sc. III	Aamna Anwarkha Pathan	73	B.Sc. III	Pornima Narhari Dhakate
34	B.Sc. III	Supriya Ramkrishna Joddar	74	B.Sc. III	Komal Moreshwar Gurnule
35	B.Sc. III	Kajal Pandurang Mathankar	75	B.Sc. III	Vivek Manohar Maske
36	B.Sc. III	Khushbu Ramesh Nardelwar	76	B.A. II	Pratiksha Rajendra Yerche
37	B.Sc. III	Vanashri Sharadchandra Kamble	77	B.A. II	Ramhari Namdeo Pardhi
38	B.Sc. III	Riya Dilip Bishwas	78	B.A. II	Nikhil Gajanan Sontakke
39	B.Sc. III	Tushar Pandurang Rakatsinge	79	B.A. II	Priyanka Shivram Wadhai
40	B.Sc. III	Ishwar Waris Dongare	80	B.A. II	Gurudeo Vilas Mohurle

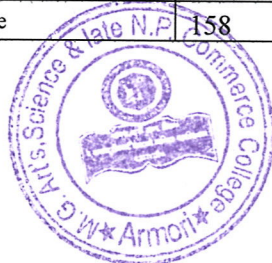
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81	B.A. II	Nandu Dnyandeo Wadikar	121	BA. III	Vaishali Nitin Mhashakhatri
82	B.A. II	Gauri Jaydeo Punghate	122	BA. III	Subodh Moreshwar Sakhare
83	B.A. II	Akshay Raju Kshirsagar	123	BA. III	Alpesh Anil Kukadkar
84	B.A. II	Sagar Yashwant Nakhate	124	BA. III	Umesh Devidas Bhandarkar
85	B.A. II	Vaishnavi Shamrao Bhoyar	125	BA. III	Triveni Shriram Narule
86	B.A. II	Manisha Yashwant Boga	125	B.A. III	Jyoti Bhupati Gain
87	B.A. II	Gaurav Liladhar Meshram	127	BA. III	Chetan Manik Kosare
88	B.A. II	Roshan Naresh Meshram	128	BA. III	Priyanka Dilip Dhurve
89	B.A. II	Amol Purushottam Dhakate	129	BA. III	Rina Sudhakar Madavi
90	B.A. II	Avinash Girmaji Aagam	130	BA. III	Sangita Shankar Narnavare
91	B.A. II	Garib Motiram Madavi	131	B.Sc. II	Vishal Shalikaram Garmale
92	B.A. II	Rajat Vale Gota	132	B.Sc. II	Chandani Ghansyam Jumnahe
93	B.A. II	Jivan Manikrao Dahikar	133	B.Sc. II	Aniket Ghanshyam Manapure
94	B.A. II	Sachin Jivandas Kolte	134	B.Sc. II	Shyamsundar Sudam Fulbandhe
95	B.A. II	Sachin Ravindra Dojjad	135	B.Sc. II	Mohit Anil Dahikar
96	B.A. II	Pallavi Rambhau Urkude	136	B.Sc. II	Nikhil Borule
97	B.A. II	Asmita Ramdas Makde	137	B.Sc. II	Harsha Munishwar Meshram
98	B.A. II	Ravi Dilip Neware	138	B.Sc. II	Prashant Sunil Borkar
99	B.A. II	Nikhil Ishwar Raut	139	B.Sc. II	Shubham Mohan Chandanbawane
100	B.A. II	Khushbu Vasudev Ramteke	140	B.Sc. II	Sarang Narendra Jambhule
101	B.A. II	Priya Sitaram Hurra	141	B.Sc. II	Manish Sanjay Shende
102	B.A. II	Tejeswini Raju Korami	142	B.Sc. II	Amol Varshketu Raut
103	B.A. II	Pavan Pramod Kokode	143	B.Sc. II	Nikhil Vijay Deshmukh
104	B.A. II	Satyabhama Bedram That	144	B.Sc. II	Sahil Pramod Juare
105	B.A. II	Madhuri Guman Harami	145	B.Sc. II	Akshay Yaman Madavi
106	B.A. II	Shilpa Kumdev Bavanwade	146	B.Sc. II	Yash Arun Kallewar
107	B.A. II	Damini Bapuji Raut	147	B.Sc. II	Nikhil Kalidas Raut
108	B.A. II	Manisha Haridas Ingle	148	B.Sc. II	Manish Hetram Bopche
109	B.A. II	Prafula Gopal Shendre	149	B.Sc. II	Mayuri Sudhakar Madankar
110	BA. III	Sneha Sukaru Pilare	150	B.Sc. II	Megha Wasudeo Raut
111	BA. III	Pratibha Bharat Bagmare	151	B.Sc. II	Sneha Revnath Dhore
112	BA. III	Yogendra Shalikram Vaidhya	152	B.Sc. II	Vishakha Dilip Zade
113	BA. III	Amar Dilip Sarpe	153	B.Sc. II	Sonali Rajendra Dhore
114	BA. III	Vidya Pandurang Rakatsinge	154	B.Sc. II	Khushbu Murlidhar Bawangade
115	BA. III	Ujwala Subhash Titirmare	155	B.Sc. II	Tinu Vithoba Malode
116	BA. III	Harsha Prakash Borkar	156	B.Sc. II	Vaishnavi Kalidas Bhoyar
117	BA. III	Meghana Gopal Kankatwar	157	B.Sc. II	Mayuri Parasram Kumbre
118	BA. III	Dipali Lalaji Dhote	158	B.Sc. II	Keshar Omnath Nimbekar

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120	BA. III	Sandhya Balkrushna Sahare	160	B.Sc. II	Minal Sanjay Patre
161	B.Sc. II	Vishakha Vilas Gaykwad	181	B.Sc. II	Achal Dadaji Donadkar
162	B.Sc. II	Achal Gurudeo Rohankar	182	B.Sc. II	Sonam Damodar Kungadkar
163	B.Sc. II	Shilpa Kalidas Gurnule	183	B.Sc. II	Vaishnavi Sharad Chilange
164	B.Sc. II	Leena Devrao Lonare	184	B.Sc. II	Hina Vinayak Kawale
165	B.Sc. II	Sharda Mahadev Wadhai	185	B.Sc. II	Kajal Jagannath Kulmethe
166	B.Sc. II	Sharda Narendra Gajpure	186	B.Sc. II	Vaishnavi Ravindra Tichkule
167	B.Sc. II	Apurva Arvinda Randive	187	B.Sc. II	Bhojraj Dilip Khobragade
168	B.Sc. II	Komal Vinayak Pelne	188	B.Sc. II	Dewanand Naktu Pradhan
169	B.Sc. II	Sonal Liladhar Hajare	189	B.Sc. II	Nitin Narayan Nandanwar
170	B.Sc. II	Pragati Dilip Selokar	190	B.Sc. II	Payal Govinda Kodape
171	B.Sc. II	Pranjali Rajkumar Yenuwar	191	B.Sc. II	Ashwini Ramesh Dumane
172	B.Sc. II	Sandhya Amol Meshram	192	B.Sc. II	Reshma Rajeev Vakkayil
173	B.Sc. II	Priyanka Shamrao Thakare	193	B.Sc. II	Dattaraj Yashwant Dhore
174	B.Sc. II	Shital Devrao Chaudhari	194	B.Sc. II	Diksha Dewaji Marape
175	B.Sc. II	Purva Mohan Devange	195	B.Sc. II	Prachi Venunath Kalbandhe
176	B.Sc. II	Pallavi Rajendra Ingale	196	B.Sc. II	Prajakta Ashok Lade
177	B.Sc. II	Puja Nilkanth Sapate	197	B.Sc. II	Divya Santosh Rahate
178	B.Sc. II	Dipti Gopal Raut	198	B.Sc. II	Bhagyashri Mukhru Nikhare
179	B.Sc. II	Ankita Doctor Garphale	199	B.Sc. II	Ankita Dadaji Sarve
180	B.Sc. II	Manisha Jagganath Devikar	200	B.Sc. II	Payal Sukhdev Chilbule



Coordinator:

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Dr. Rajendra N. Chavhan





Principal: Dr. Lalsingh Khalsa

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